



**KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE
ADMINISTRATIVE BOARD
MEETING MINUTES
AUGUST 19, 2004**

Members Present: Linda Brown, Nancy Code, Roger Goodman, Mary Alice Knotts, Kim Murillo

Members Absent: Joan Clement (excused), Jim Harbaugh (excused), Larry Hill (excused), Yasmin Smith (unexcused)

Staff Present: Rhoda Naguit, Jim Vollendroff

Guests Present: Trish Blanchard, Seattle Mental Health; Jack Eckrem, Evergreen Treatment Services; Ramona Graham, Center for Human Services; Robin Hopkins, WA State Citizen Advisory Council; Bob Leonard, Deb Schnellman, Division of Alcohol and Substance Abuse; Jim Marshall, Harborview Addictions Program; Ann McGettigan, Seattle Counseling Services; Nancy Mellor, Muckleshoot Behavioral Health; Nikum Pon, Christine Torres, Marcus Stubblefield, Safe Futures Youth Center; Sue Nixon, Alcohol-Drug Helpline; Suzanne Wietting, Fairfax Hospital

Board Chair Linda Brown convened the King County Alcoholism and Substance Abuse Administrative Board meeting at 12:08 p.m. The meeting was held at Mount Olympus Room of DASA Region IV offices, located at 400 Mercer Street, 6th floor, Seattle.

I. WELCOME AND INTRODUCTIONS

Linda Brown welcomed everyone present and asked to introduce him/herself.

II. AGENCY PRESENTATION – Safe Futures Youth Center

Christine Torres, Marcus Stubblefield and Nikum Pon presented an overview of the program and services provided by Safe Futures Youth Center.

Safe Futures Youth Center works with youths and their families in Southwest Seattle. The agency employs bilingual staff to effectively serve their clients who are primarily ethnic minorities from Southeast Asia (Cambodians, Vietnamese, Lao, Mien) and East Africa (Eritrea, Ethiopia, Oromo, Somali), who live in low-income public housing in High Point and West Seattle. The agency targets youth ages 13-17 and young adults from 19-35 years of age.

The agency's prevention program is patterned after the best-practice program, "Creating Lasting Family Connections," and is a 15-week curriculum for youth and parents. The staff members discussed the five components of the curriculum and explained how they are presented. The program assists youth and parents in high risk environments to develop skills important to developing strong, healthy, and

supportive family units that have been shown to significantly increase resistance to substance use and reduce use of alcohol and illicit drugs. The program also focuses on teaching skills for personal growth, family enhancement, and interpersonal communication that strengthen defenses against environmental risk factors.

The presenters emphasized the importance of culturally-sensitive approaches when working with elders of the ethnic groups, especially with non-English speaking members. Daycare and meals are provided to parents attending the Parent Support Group class.

Referrals to the program come from schools, community and probation officers.

When asked about program evaluation, the presenters reported using pre and post program surveys of their clients. They are currently working on a tracking process to gather longer-term follow up information from both youth and parents. The program retention rate of the agency is high. Youth who have finished their treatment continue to connect with the agency. Ann McGettigan, Director of Seattle Counseling Service, gave "kudos" to the agency for their excellent service to youth.

III. ALCOHOL & OTHER DRUG PREVENTION UPDATE

Jackie Berganio gave a summary report of the Public Awareness Campaign held in April. A collaborative effort to increase the number of alcohol screenings in King County was made possible through the formation of a King County Alcohol Screening Partnership (KCASP). Three types of screening options were available including 1) free, in-person, one on one alcohol screenings at various sites on April 8th, National Alcohol Screening Day, 2) free, anonymous telephone screenings throughout April, and 3) free, anonymous on-line screenings throughout April. There were 26 registered KCASP screening sites and seven KCASP supporting organizations. The media also played an important role in disseminating and promoting the Alcohol/Drug-Free Washington Month.

Through the assistance of KCASAP King County did 698 on-site screenings in 2004 compared with 173 on-site screenings in 2003. The total KCASP screenings for 2004 was 884.

Alcohol and Other Drug Prevention Division is also working collaboratively with the Mental Health, Chemical Abuse and Dependency Services Division in connection with the September 2004 National Recovery Month. In addition to the September 28, 2004 Exemplary Service Awards ceremony, a King County Forum for employees will be held on September 21st at the Yesler Building.

IV. AGENCY CONCERNS

There was none at this time.

V. BOARD CHAIR'S REPORT

A. Recovery Centers of King County Update

RCKC-Detox facility in Kent has resumed operation. RCKC's request to the Division of Alcohol and Substance Abuse (DASA) for 12 ADATSA residential beds was approved. Pat Knox extended her appreciation to the board for sending a letter of support for this request.

B. MHCADSD Exemplary Service Awards

Linda encouraged the board to attend the Annual MHCADSD Exemplary Service Awards ceremony on September 28th at the UW-Urban Horticulture Center at 4:30pm. Seattle Counseling Services is one of the award recipients for the NEON program.

Prior to the awards ceremony, there will be a Recovery Day Workshop from 1:30-3:50pm at the same place.

C. Joint Board Meeting

Based on earlier discussion with the Mental Health and Chemical Dependency Board, the decision has been made to have one joint Board meeting annually rather than two.

D. Change of Board Planning Retreat

Due to conflict in schedules, it was decided to reschedule the September 23, 2004 Board Planning Retreat in October. Rhoda will email possible dates for this retreat to board members.

The next regular board meeting is on Thursday, September 16, 2004 at 12 noon-1:30pm at Mt. Olympus Room, 6th floor, 400 Mercer Street in Seattle.

E. Board Liaison Reports

Linda Brown: King County Mental Health Advisory Board

Neither Linda nor Joan Clement was able to attend the meeting this month.

Roger Goodman: Legislative Advocacy and Public Affairs Committee

Recovery Month events will include a lecture on September 13th at the University of Washington, and a luncheon Recovery Forum for King County employees on

September 21st at Yesler Building. Suzanne Wietting of Fairfax Hospital gave an update on the Recovery Garden project. Dave Goldberg of the City of Seattle has asked her to submit a design concept for the garden. A possible site for this Recovery Garden is the White Center Creek.

Linda Brown joined Roger Goodman in thanking Suzanne Wietting for spearheading the Recovery Garden Project. Kim Murillo offered her assistance in expanding this project in some other areas in King County.

The next meeting of the Legislative Advocacy and Public Affairs Committee is on Wednesday, August 25th at 4:00 p.m. at the Exchange Building, Conference Room 6B.

The joint MH-CD Legislative Forum is scheduled for December 9th. The board will identify the CD issues for this forum at the board planning retreat.

Nancy Code: CD Adult Providers

The CD Adult Providers meeting was held this morning prior to the board meeting. The meeting allocates time for each representative to give an agency update which is very informative. Pat Knox and Robert Callahan gave a presentation on detox services. Jim Vollendroff distributed copies of the Case Management Guidelines for billable services. There was a suggestion from agency representatives to conduct a provider's survey in addition to client's survey. Jim also reported that a reimbursement rate study is going on.

VI. COUNTY COORDINATOR'S REPORT

A. Access to Recovery Grant (ATR)

Jim handed out copies of the SAMHSA grant Access to Recovery "Client Choice". He then described the program and discussed the potential impact. The grant will establish a state-run voucher program for treatment and recovery support services based on the principles of consumer choice, and outcome oriented services. Increased service capacity and promoting recovery are important goals of the three-year grant. Annual continuation of program funding will depend on the availability of funds and demonstrated success in meeting the goals and objectives of the program. \$300M in new funds is available nationally and Washington is one of the 14 states awarded funding in the first year. Our state will receive \$7.6M with King County scheduled to receive \$2.7M for a period of three years. Jim Vollendroff will be meeting with Vince Collins of DASA to discuss in details the implementation of this grant program. He will also meet with other County Coordinators next week to consider the exact amount and eligibility criteria. A Project Manager will be hired to implement this new program in King County.

This new grant funding will not be incorporated in agency contracts and all participating providers must be state certified. A number of specific implementation details are still being developed with DASA and the Counties.

B. Update on Prevention Integration

Work continues on the integration of prevention and treatment programs. The Public Health Department is facing a number of financial constraints and strongly prefers to make no changes until the new biennium.

C. Stigma Project Update

Jim Vollendroff is working with the 24-Hour Helpline to creating an advocacy video similar to NAMI's. Agencies were asked to identify any clients who might be interested in being a part of the video project.

VII. MINUTES

Due to lack of quorum at the start of the meeting, the review and approval of the minutes was tabled for later action. With the arrival of additional board members, a quorum was reached. Nancy Code made a motion, which was seconded by Kim Murillo to accept the July 15, 2004 board meeting minutes as submitted. The motion was approved unanimously.

There being no further business, the meeting was adjourned at 1:35 p.m.

Prepared by:

Attested by:

Rhoda A. Naguit
Recording Secretary

Linda Brown
Board Chair